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Research Article

“Critical Investigation of Integrated Child Development Service Scheme” Reference- Palghar District

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Abstract

This study critically investigates the Integrated Child Development Services Scheme (ICDSS) in Palghar District, Maharashtra. Since its establishment in 2014, Palghar, a tribal-dominated district, has faced significant challenges such as poverty, superstition, and addiction, contributing to widespread malnutrition among children. The scheme aims to mitigate these issues through initiatives like supplementary nutrition and healthcare for pregnant women, lactating mothers, and children under 6 years. Despite governmental efforts, malnutrition remains pervasive, necessitating a comprehensive review of policy implementation and community participation.

Keywords: Integrated Child Development Services Scheme (ICDSS), Anganwadi, Malnutrition, Health and Nutrition, Maternal Health, Community Participation.

Introduction

The former Thane district was divided and an independent Palghar district was formed on 1st August 2014 as a tribal dominated district. The geographical structure of the existing Palghar district is in various forms like marine, urban and hilly. There are a large number of tribal communities in the coastal and hilly areas. The main problems of this society are poverty, superstition and addiction and this problem is the source of many problems. It has the most health problems. For the last several years it's been observed that certain parts of Palghar district have been plagued by malnutrition and the war-like efforts to eradicate this contamination have

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started in a new and different way after the establishment of the district. This project has gained more momentum since 2016. Earlier, around 1993, a large number of children died due to malnutrition in Wawar Wangani village. However, this year, the joint efforts of Wawar Wangani have been successful and child mortality due to malnutrition has been brought under control.

Being one of the largest as well as longest running scheme in the country is the Integrated Child Development Services Scheme. Even so, owning one is still beyond the reach of the average person. This is because the services that are supposed to be available from Anganwadi are not getting enough even today. This is because the government's malnutrition policy seems to have failed. According to government reports, the number of malnutrition cases is declining, but the real picture is different.

Malnutrition is not a disease of today, so there is nothing new in today's discussion. But still it deserves to be spoken about consistently. This quest has always been before Maharashtra for several years. For many years, this season of Kovalya Pangali has been in full swing in the state. It is all over India. He does not have geographical discrimination. It is in tribal and rural areas. Hake is located at a distance from the financial capital of the country and the vice capital of the state.

Malnutrition is a serious problem in Palghar. Malnutrition is not the only cause of malnutrition but also child care and hygiene habits. Malnutrition is also a major cause of malnutrition in newborns and infants, low birth weight and recurrent infections in infants.

From the point of view of maternal and child health, pregnant / maternity mothers and for children below 5 years of age are at high risk and special health care and measures are required for them. Regular health check-ups are important for timely diagnosis and treatment of minor ailments as well as major ailments. Personal and environmental hygiene, nutritional counseling, reproductive and sexual health issues in adolescents, etc. are also crucial factors for development.

Out of 54,915 malnourished children in Thane district, 43,557 children are malnourished in Palghar district alone. The remaining 10,531 children are severely malnourished. In both these districts, the medical facilities, employment and administrative system are extremely depressed and inefficient. Therefore, the condition of these malnourished children is more serious. About 60% of the funds for Tribal Welfare Schemes are lying idle. This problem is facing 15 districts of the state including newly formed Palghar district.

Poverty among the tribal in Palghar district and the resulting ill health is on the rise. Health centers in tribal areas should in fact be a priority. Primary health centers that are malnourished because of lack of doctors and other staff from equipment facilities should be a matter of concern. Today, the plight of health centers is dire not only in rural as well as tribal

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areas but also in semi-urban areas. Many centers don't have doctors. Even so, owning one is still beyond the reach of the average person. In most places ambulances are just paperwork. This problem seems to be on the rise.

Treatment and other facilities are provided to children who fall into the category of 'SAME' Severe Acute Malnutrition (SAM) according to the criteria of the health department. Although the child sent by the Anganwadi worker is severely malnourished, he is not in the category of 'Severe Acute Malnutrition (SAM)' and is sent back due to lack of treatment. In order to rectify this situation, the criteria for understanding the nutritional status of the Department of Health and the Integrated Child Development Services Scheme should be the same. At present, when children are in the category of malnutrition, efforts are made to get them out of malnutrition. But without waiting for children to become malnourished, more emphasis needs to be paid to malnutrition prevention. It is not that the government is not doing anything but it is crucial to take prompt decision considering the seriousness of the issue.

Keywords

Integrated Child Development Services Scheme (ICDSS), Anganwadi, Malnutrition, Supplementary Nutrition, Early Child Care, Health and Nutrition, Maternal Health, Pregnant and Lactating Mothers, Pre-school Education, Severe Acute Malnutrition (SAM), Moderate Acute Malnutrition (MAM), Anemia Control, Poshan Abhiyan, Health Check-ups, Woman and Child Development, Rural Development, Community Participation.

The need for a review of the relevant literature

In the four talukas of Dahanu, Palghar, Vasai and Jawahar in Palghar district, you can see the major problems of diseases, epidemics, malnutrition, physical disability and health and supplementary nutrition and education of pregnant mothers and lactating mothers in the age group of 0 to 6 years. Comes. Researchers need to do research on the growing incidence of diseases, malnutrition and death in children and women due to illiteracy, unemployment, superstition and poverty.

The importance of reviewing research materials

While studying the research material in Palghar district, the researcher came across multiple references and books, research papers, magazines, newspapers, government magazines (GR), M.Phil, Management, Ph.D. While using the research materials like dissertation and government guide book etc., the researcher should include in his dissertation about the diseases, epidemics, malnutrition, physical disability and health and supplementary nutrition of pregnant mothers and lactating mothers and vocational education. It is important to.

Problem statement

The problems encountered by this researcher under the Integrated Child Development Services Scheme are as follows:

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- The ICDSS Scheme in Palghar district is studying the problems of supplementary and nutritious diet for infants and pregnant women and lactating mothers.
- To study the health, vaccination, education, physical, mental and intellectual problems of children in the age group of 0 to 6 years.
- Assessing the issues of nutrition, health, education and vocational training of adolescent girls.
- To study the problems of various schemes of beneficiary women and girls under the Centrally Sponsored Scheme.
- To study the amenities and difficulties faced by the project officers, supervisors, anganwadi workers and helpers.

Research objectives

- While studying the ICDSS Scheme in Palghar district, the researcher should make a special study of four talukas namely Palghar, Jawahar, Vasai and Dahanu.
- Study of supplementary nutrition, vaccination, health check-up, education and vocational training for pregnant women and lactating mothers.
- To study the health problems of pregnant women and infants.
- To study the program of central government schemes implemented for malnourished children.
- To study whether government funds and policies have been made available for children and women beneficiaries in these schemes.

Scope of research

This dissertation will study the ICDSS Scheme program in Palghar district. For this, study of special tribal talukas like Palghar, Vasai, Jawahar and Dahanu is expected. For this, it is easy for the researcher in terms of transportation. Also, the researcher will see the implementation of the Integrated Child Development Services Scheme in the tribal areas, the nature of the program, the administrative system and the location of the Anganwadi under the program, Gram Panchayat, Panchayat Samiti etc.

Research methods

While studying the research method, one primary source and another secondary source have been used in the research. The primary sources for this research are interview methods, observation methods, questionnaire methods and survey methods. The secondary sources include internet, books, magazines, government GR, government brochures, dissertations, research papers, newsletters etc.

Data collection and analyzing

The problem of malnutrition is once again facing in the malnourished areas of Palghar district due to the administration's failure to focus on Anganwadis, Village Child Development

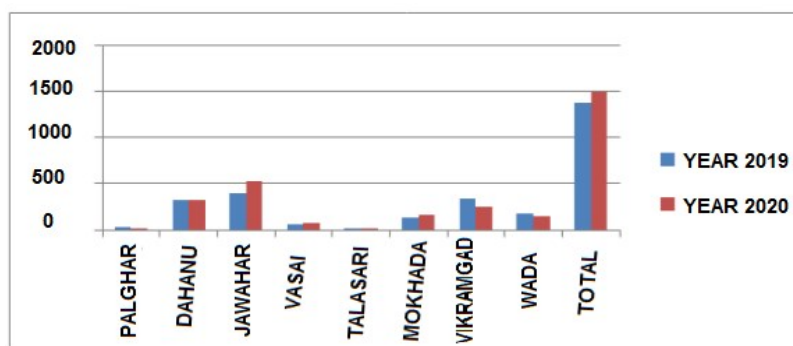
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Centers, health systems etc. In the six months from March to August in Palghar district, more than 100 severely malnourished and more than one thousand severely malnourished children have been seen this year as compared to last year.

In the six months from March to August last year, 1306 severely malnourished children were recorded. 12,684 severely malnourished children have been reported. On the other hand, this figure has increased during the same period this year. This year, 1493 severely malnourished and 14,013 severely malnourished children have been registered. Compared to last year, this year the number of severely malnourished children has increased by 117 children and the number of severely malnourished children has increased by 1329.

Statistics show that malnutrition is increasing in rural areas of Palghar district during monsoon season every year. In the six months from March to August last year, the highest number of malnourished children was recorded in Jawahar taluka with 401 severely malnourished children. There were 345 children in Vikramgad and 219 in Dahanu. During the same period from March to August this year, malnutrition has increased in Jawahar and Dahanu in large numbers. In Jawahar taluka 524 children were registered and in Dahanu 317 children were registered. In Vikramgad, 244 children were reported to be severely malnourished. Malnutrition is low in Talasari and Palghar talukas.



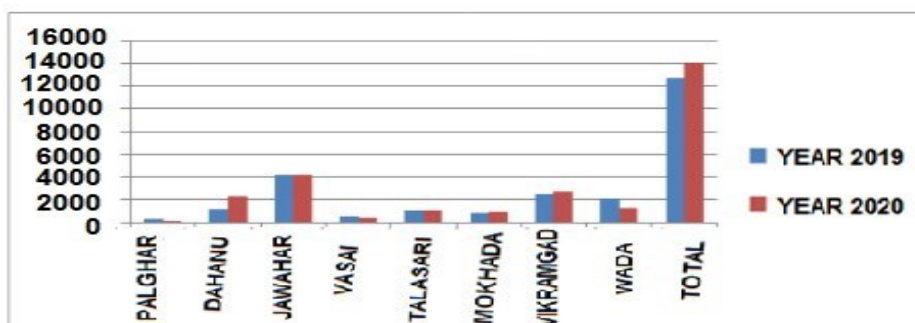
Extremely malnourished children from March to August (6 months)

No.	Talukas	The year 2019	The year 2020
1	Palghar	29	10
2	Dahanu	319	317
3	Jawahar	401	524
4	Vasai	57	75
5	Talasari	17	8
6	Mokhada	130	163
7	Vikramgad	345	244

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8	Wada	178	152
	Total	1376	1493



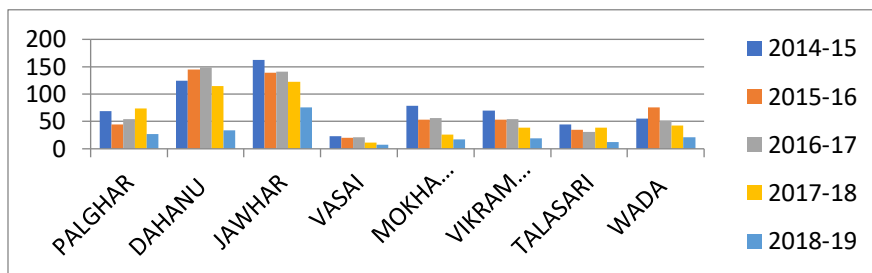
March to August (6 months) severely malnourished children

No.	Talukas	The year 2019	The year 2020
1	Palghar	344	158
2	Dahanu	1140	2336
3	Jawahar	4132	4176
4	Vasai	491	466
5	Talasari	1047	1096
6	Mokhada	879	928
7	Vikramgad	2565	2719
8	Wada	2086	1238
	Total	12684	14013

Compared to last year, the number of malnourished children in Jawahar has increased by 123 and in Dahanu it has increased by 102 children. Growing malnutrition is a major concern. Vikramgad taluka has recorded 101 fewer children than last year. Malnutrition appears to be exacerbated by a lack of nutritious food. Anganwadis were closed due to corona lockdown. The village child development center was also closed. Due to inadequate government funding, the health of the children was adversely affected and they fell into the trap of malnutrition. As a result, the number of malnourished children continued to rise. During the Corona period, the district administration is making special efforts to eradicate malnutrition. This was informed by the then District Collector Kailas Shinde and Deepak Pingale Program Officer in charge of ICDSS.

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Year wise child mortality (comparative information)

No.	Taluka	2014-15	2015-16	2016-17	2017-18	2018-19
1	Palghar	69	44	54	74	27
2	Dahanu	124	145	149	115	34
3	Jawahar	162	139	141	122	76
4	Vasai	23	20	21	11	7
5	Mokhada	79	53	56	26	17
6	Vikramgad	70	53	54	39	19
7	Talasari	44	35	31	39	12
8	Wada	55	76	51	43	21

Procedures and Responsibilities of Integrated Child Development Services Scheme

1. Procedures and Responsibilities of ICDSS Project Project Officer.
2. Responsibility of Gram Panchayats coming under Palghar district
3. Duties and responsibilities of Anganwadi worker (worker) and helper in Palghar district
4. Duties and Responsibilities of Integrated Child Development Services Supervisor
5. Responsibility of Medical Officer of Women and Child Development Center in Palghar District
6. Responsibility of Taluka Health Officer in Palghar District
7. Responsibility of the beneficiary parents coming under Palghar district

Conclusion

- The ICDSS program in Palghar district is a central government scheme and the administrative system is working effectively. But in the last two years, the plan has not reached some people as the government plan is locked down during the Corona period.
- In Palghar district, implementation of health, education and vocational training, supplementary and nutritious diet scheme for infants under 6 years, breastfeeding mothers, pregnant women and adolescent girls is working properly.

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